



Dr. Marya Wilson, PhD

Joyful Communication in a Distracted World

Fridays:

**■ Dec. 8 OR 15, 2023 OR ■ Jan. 19, 2024
10:00 am-1:00 pm CST**

**Join us for a lively, interactive session
that will empower your communication
during the holidays and into 2024**



Healthy communication creates trust, shows respect, and encourages accountability. As professionals, we want to be respectful, transparent, and show that we care about those who work for us and with us.

The holidays provide an opportunity to revisit communication skills that can improve our work and personal relationships. Join your colleagues and Dr. Marya Wilson to discuss how to talk and listen in a distracted world, one that bombards us with uncertainty complexity. Learn to:

- ▶ Understand the communication process
- ▶ Analyze and discover your communication approach
- ▶ Identify how our communication styles change with different people
- ▶ Develop strategies to navigate hard conversations
- ▶ Reflect on your strengths and fears & use these to overcome roadblocks

Dr. Marya L. Wilson, PhD, founder of MW Advising, teaches, consults, and coaches on disruptive and transformational change for individuals and organizations. She has 25+ years of experience working with educational, nonprofit, and corporate partners.

Come on your own or bring your team:

\$50/person (by Dec. 1)

\$75/person (after Dec. 1)

Register & Pay Online: www.bemidjiconsulting.com

Offered in collaboration with Rebecca Schueller Training & Consulting